



INTENT	By the end of Year 6, children will have experienced a range of different sports and games and will have developed skills and knowledge which is transferrable across many disciplines. In addition, children will leave Shaftesbury Primary knowing the importance of a healthy lifestyle in terms of diet, regular exercise and mental wellbeing.			
Underpinned by	High Expectations	Acquiring and Developing Skills	Evaluating and Improving	Vocabulary
	All children are expected to participate, succeed, make progress from their starting points and develop their abilities to participate effectively in a range of sports and physical activities.	Children are taught to develop techniques, apply them under pressure (becoming a skill) and adapt and apply them in a variety of sports and physical activities.	Children are given regular opportunities to compare and comment on techniques, skills and ideas that others have used. They are also taught how to use their observations to improve their work and performance.	Appropriate technical vocabulary associated with physical education, is explicitly taught and children are expected to use and understand it.
	Health Children will learn the importance of physical activity on their health and well-being. They will be taught to make healthy life choices and use mindfulness activities that will lead to living a healthy and active life.			
IMPLEMENTATION	Curriculum Approach We use Get Set 4 PE, a scheme that has been structured specifically for Shaftesbury Primary School, throughout the school. It shows a structure that avoids unnecessary repetition of sports coverage, skill development and tactical coverage. Lessons are structured to allow learning objectives to be revisited in different contexts throughout the year, with small-sided games encouraged at all times to increase overall activity levels of children during the lesson.	PE Lessons PE lessons are taught twice weekly and are structured during the year to enable suitable use of the PE spaces (hall, field, courts etc). Year groups may structure their PE units to run either concurrently or consecutively, thus enabling effective use of the available spaces. Emphasis is placed on the children undertaking a PE journey as they progress through Shaftesbury Primary. By the end of year 6, all children should have the skills and understanding to pursue a range of sports throughout their lives.	Daily Physical Activity In addition to the two PE lessons, children are encouraged to undertake active break and lunchtimes through our OPAL programme.	Extra-Curricular Activities The school offers a variety of extracurricular activities throughout the year. Sport and physical activity form a large part of this provision, either through structured clubs or fixture and festival attendance.

	Sports Leaders Shaftesbury Primary sports leaders take an active role in developing the provision that is available to their peers. This year, the leaders have asked to run clubs for KS1 children, and this in the planning to start in due course.	Competition A wide variety of competitive events are offered through the local and regional sport networks such as football, netball and cricket competitions, athletics meets and swimming galas. We also look to host local events at the school. Inter-house football enables children to experience competitive sport, even if they are not able to represent the school in inter-school matches.	Sports Day Sports Day runs in the summer term. The aim is always to make it both competitive and fun in order to promote sport and exercise to all levels.	
IMPACT	Children leave Shaftesbury CE Primary School as skilful and intelligent performers. They will acquire and develop skills and perform with increasing physical awareness. They will have the ability to select and apply skills, tactics and compositional ideas to suit activities that need different approaches and ways of thinking. They will set targets for themselves and compete against others. They will understand what it takes to persevere, succeed and acknowledge others' success. They will take the initiative, lead activities and focus on improving performances. They will have the competence to excel in a broad range of physical activities. They will lead healthy and active lives and make positive life choices. They have developed positive attitudes to participation in physical activity and embed values such as fairness and respect.			
	Pupil Voice Children are given opportunities to reflect on their PE and sport journey during the year. They have the chance to feedback on their experiences in sport and PE and indicate their desires for future physical activity provision at Shaftesbury Primary.	Evidence in Skills Children can link skills, techniques and ideas and apply them accurately and appropriately. Children show good control in their movements and become successful movers.	Evidence in Evaluating and Improving Children can compare and comment on skills, techniques and ideas that others have used. They can use their observations to improve their own work.	Evidence in Health Children can explain some important safety principles when preparing for exercise. They can explain what effect exercise has on their body and why exercise is important. They are able to make healthy choices in what they choose to have as a morning snack, and what they have for their lunch.